



ADVANCED ALLERGY
IMMUNOLOGY & ASTHMA P.C

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Medications to STOP before receiving Allergy Testing

It is important to know what medications to stop before allergy testing because some medications may alter the results of your test.

Stop the following Oral Antihistamines for 1 WEEK before your testing appointment:

Allegra® (Fexofenadine) Atarak®, Vistaril® (Hydroxyzine) Zyrtec® (Cetirizine) (Chlorpheniramine) (Xyzal) Clarinex® (Desloratadine) Claritin®, Loratadine®

If you are taking an oral antihistamine that is not listed stop the medication for one (1) week prior to your allergy testing. If you are not sure if the medication you are taking is an antihistamine, please call the office to speak to a clinician.

Stop the following Oral Antihistamines for 3 DAYS before your testing appointment:

Actifed®, Dimetapp® (Brompheniramine), Benadryl® (Diphenhydramine), Chlortrimeton®, Phenergan® (Promethazine), Tavist®, Antihist® (Clemastine), Aller-Chlor®, Bromfed®, Drixoral®, Duratab®, Novafed-A®, Ornade®, Poly-Histine -D®, Trinalin® (Combination medications)

Please notify our staff if you are prescribed any blood pressure medications know as "Beta Blockers" (Atenolol®, Metoprolol®, Toprol®, Propanolol®) These medications must be stopped 24 hours prior to your scheduled testing, and can be resumed 4 hours after your testing.

The following medications are allowed to be CONTINUED prior to and during scheduled testing's:

Singular® (Montelukast), Accolate® (Zafirlukast), Prednisone®